

## MUSIC



▲ PAIN Brian Kennedy

## Kennedy: I had therapy after living in Troubles

By DEMELZA de BURCA

BRIAN Kennedy has told of how he needed a decade of therapy to deal with growing up in the Troubles.

The Belfast-born singer said he had 10 years of psychotherapy to come to terms with the mayhem of growing up on the Falls Road in West Belfast as the Troubles were raging.

He added: "For me singing was absolutely my saviour on the Falls Road where there was a fatality every single day.

"The fact I could retreat into myself and be a singer and be distracted by all that I think is one of the reasons I am alive now.

"When I was in London I decided to get into psychotherapy. Some of my friends were doing it.

"You can imagine the fallout from a childhood on the Falls Road.

"Also being a young gay person and trying to come to terms with that and also going to London and trying to be a struggling musician. I don't make it easy for myself at all."

The star, 46, who rose to fame after being spotted by Van Morrison, said he spent thousands on sessions with an American psychotherapist when he was in London but he also received treatment in Dublin and America.

The ex Voice of Ireland coach also told RTE's Saturday Night Show how he is gutted to have been axed from the programme.

He opened up for the first time since it was announced British R&B star Jamelia would be replacing him.

Brian said: "I kind of am [disappointed]. I had a blast doing it."

## HIJACKING

## Two held as car stolen

TWO men were arrested after a daylight hijacking.

A man was dragged from his Ford Focus in Finaghy, South Belfast, on Saturday by two men who then drove off in the vehicle.

Two men, aged 19 and 22, now bailed, were arrested on suspicion of hijacking, assault on police and resisting arrest.

## STATELY CHOICE

MEXICO'S outgoing President Felipe Calderon has suggested that the United States of Mexico change its name to just Mexico.

# Meet my Best pal



▲ BEERS TO YOU Mark O'Hare with Calum Best in the Hudson Bar in Belfast

## CALUM OUT ON TOWN WITH DAD'S DOUBLE



▲ SPITTING IMAGE Calum and Best lookalike Mark



▲ TITANIC NIGHT OUT With Hudson owner Peter Lavery

BY MAURICE FITZMAURICE  
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### GEORGE Best's son enjoys a night out in Belfast – with a lookalike of his famous father.

Calum Best hit the town with hotel worker Mark O'Hare to celebrate him winning a competition to find the iconic footballer's doppelganger.

The pair followed in Bestie's footsteps by enjoying the VIP treatment where ever they went as well as the attention of plenty of women.

Calum and Mark started at the Europa with a few drinks as guests scratched their heads wondering why the fella with Calum, 31, looked so familiar.

Then they went down to the lobby where they kicked a football around before heading for another pub.

They ended up at the Hudson Bar where owner, Lotto winner Peter Lavery, treated them to one or two glasses of his Titanic whiskey.

Calum and Mark had plenty of punters taking pics on their phones and took a few themselves which ended up on Twitter.

He joked with admiring women "this is my da" which got a laugh from patrons enjoying a pint at the city-centre watering hole.

Calum told the Daily Mirror: "It's great to be here on a night out in my dad's hometown and it's amazing that Mark's keeping his memory alive like this. He should get work around Northern Ireland as a lookalike.

"I've invited him over to London for a few beers and I'd say people will be pretty amazed when they see him."

Mark added: "It's been a great night and I'm glad we got it arranged. it's kind of strange being out on the town with the son of the man I won a contest for looking like.

"Peter Lavery drove us from his bar to 21 Social then we got VIP treatment at El Divino then back to his hotel with a few girls.

"Calum's also wanting to meet me in London when I take my prize I won with Aer Lingus."

Mark won the contest which was organised by the George Best Belfast City Airport.

Calum added he was planning on visiting his father's grave yesterday on the seventh anniversary of his death.



▲ LEGEND George Best

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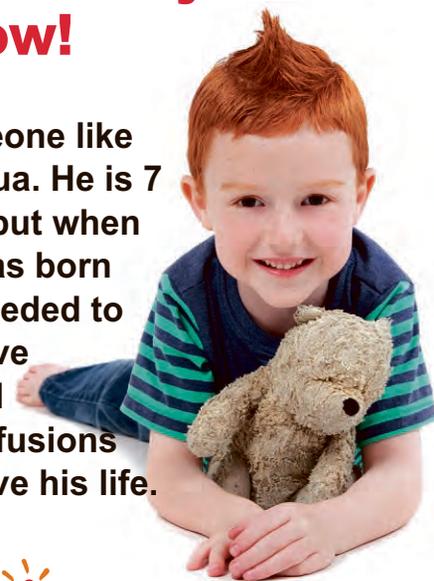
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